

**Action Sports Medicine & Pain Management**

1010 Sunrise Highway  
Rockville Centre, NY 11570  
(516) 678-0500

184 Old Country Road  
Mineola, NY 11501  
(516) 747-5042

131-04 Liberty Avenue  
Richmond Hill, NY 11419  
(718) 322-4145

**PATIENT DEMOGRAPHICS**

Date: \_\_\_/\_\_\_/\_\_\_ Name: \_\_\_\_\_  
Last First M.I.

SS# \_\_\_\_\_ Date of Birth \_\_\_/\_\_\_/\_\_\_ Sex: M / F Marital Status: \_\_\_

Home Address: \_\_\_\_\_ Apt#: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Cell #: \_\_\_\_\_ Home#: \_\_\_\_\_ Work #: \_\_\_\_\_

Email Address: \_\_\_\_\_

Referring Physician: \_\_\_\_\_ Specialty: \_\_\_\_\_  
Address: \_\_\_\_\_ Telephone: \_\_\_\_\_

**Primary Care Physician:** \_\_\_\_\_ **Tel:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Primary Insurance Information**

Policy Holder Name \_\_\_\_\_ Date of Birth \_\_\_/\_\_\_/\_\_\_ SS# \_\_\_\_\_  
Insurance Name \_\_\_\_\_  
Policy # \_\_\_\_\_ Group # \_\_\_\_\_  
Relationship to Policyholder: Self \_\_\_ Spouse \_\_\_ Child \_\_\_ Other \_\_\_  
Employer Name \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**Referral Required from PCP**  Yes  No

**Authorization Required**  Yes  No  Unsure

**Secondary Insurance Information**

Policy Holder Name \_\_\_\_\_ Date of Birth \_\_\_/\_\_\_/\_\_\_ SS# \_\_\_\_\_  
Insurance Name \_\_\_\_\_  
Policy # \_\_\_\_\_ Group # \_\_\_\_\_  
Relationship to Policyholder: Self \_\_\_ Spouse \_\_\_ Child \_\_\_ Other \_\_\_  
Employer Name \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Name of Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

Relationship \_\_\_\_\_ Not living with you \_\_\_\_\_

Patient authorizes ASMR to release medical information which includes patient diagnosis, planned treatment, medical history and release of medical records to the following persons:

\_\_\_\_\_  
Name Phone # Relationship

\_\_\_\_\_  
Patient Signature Date

**Action Sports Medicine & Pain Management**

1010 Sunrise Highway  
Rockville Centre, NY 11570  
(516) 678-0500

184 Old Country Road  
Mineola, NY 11501  
(516) 747-5042

131-04 Liberty Avenue  
Richmond Hill, NY 11419  
(718) 322-4145

**Thank you for choosing our practice. Please tell us how you learned about our practice or whom can we thank?**

Your Name \_\_\_\_\_

Referred by a friend Name \_\_\_\_\_

Referred by a Doctor Name \_\_\_\_\_  
City \_\_\_\_\_

Outdoor Sign

Yellow Pages

Internet

Website

TV Commercial

Insurance Company

Insert in *Shopper's Guide*

Newspaper Ad:

*Garden City Life*

*Rockville Centre Herald*

*Baldwin Herald*

*Mineola American*

*New Hyde Park Illustrated News*

*Hempstead Beacon*

*Other* \_\_\_\_\_

Article in Newspaper, Newspaper name \_\_\_\_\_

PATIENT'S NAME \_\_\_\_\_

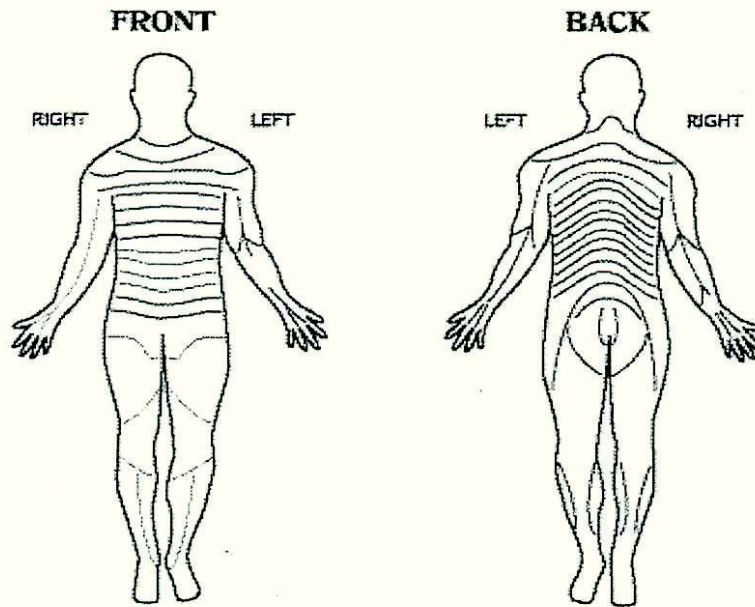
ACCOUNT NUMBER \_\_\_\_\_

How and when did your pain begin? \_\_\_\_\_

Have you had any previous episodes of back/leg, arm/neck, or other pain?

NO  YES - Describe \_\_\_\_\_

Please shade areas of the body where you have pain:



HT: \_\_\_\_\_

WT: \_\_\_\_\_

Do you have any numbness, tingling, or burning in the leg/foot or arm/hand?

NO  YES - Describe \_\_\_\_\_

Have you experienced any weakness in the leg/foot or arm/hand?

NO  YES - Describe \_\_\_\_\_

What seems to aggravate your symptoms? \_\_\_\_\_

How far are you able to walk? \_\_\_\_\_

Are you able to drive a car?  YES  NO

Are you able to put on your shoes and socks?  YES  NO

Does coughing, straining, or sneezing bother you?  YES  NO

Which position is the WORST?  SITTING  STANDING  LYING DOWN

PAIN HISTORY FORM

PATIENT'S NAME \_\_\_\_\_

ACCOUNT NUMBER \_\_\_\_\_

When is the pain WORSE?     MORNING     NIGHT     VARIES

Please indicate if you are:     RIGHT HANDED     LEFT HANDED

Have you had any TESTS for your current problems? \_\_\_\_\_

NO     YES - When and what area of the body? \_\_\_\_\_

CT SCAN \_\_\_\_\_ MYELO \_\_\_\_\_ DISCOGRAM \_\_\_\_\_

X-RAYS \_\_\_\_\_ EMG \_\_\_\_\_ OTHER \_\_\_\_\_

MRI \_\_\_\_\_ BONE SCAN \_\_\_\_\_ OTHER \_\_\_\_\_

Your current:    Height \_\_\_\_\_    Weight \_\_\_\_\_

What treatments have you had for your current problems? Indicate what type of response you had to the treat-

	NO Relief	SOME Relief	GOOD Relief
Bed Rest			
Physical Therapy			
Traction			
TENS Unit			
Spinal or Muscle Injection			
Chiropractic Treatment			
Soft Collar			
Lumbar Corset or Brace			
Application of <input type="radio"/> HEAT <input type="radio"/> ICE			
Medications (for Back or Neck)			

Please list the names of previous pain Physicians/Clinics you have seen: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_  None seen in the past.

PAIN HISTORY FORM

PATIENT'S NAME \_\_\_\_\_

ACCOUNT NUMBER \_\_\_\_\_

**MEDICAL CONDITIONS**

Have you, or your family ever had any of the following problems?

	SELF	FATHER	MOTHER	SIBLINGS
Arthritis				
Asthma				
Bleeding Problems				
Cancer (note type)				
Colitis				
Diabetes				
Difficulty in Urinating				
Emphysema				
Glaucoma				
Gout				
Heart Attack				
Heart Disease				
Hepatitis				
High Blood Pressure				
HIV				
Kidney, Bladder, Prostate problems				
Lung Disease				
Osteoporosis				
Parkinson's Disease				
Rheumatoid Arthritis				
Seizures				
Sickle Cell Anemia				
Sleep Apnea				
Thyroid Disorder				
Ulcer				
Other				

Your current:      Height \_\_\_\_\_      Weight \_\_\_\_\_

**ALLERGIES**      Please identify what you are allergic to and what type of reaction you have:

- MEDICATIONS \_\_\_\_\_ REACTION \_\_\_\_\_
- FOODS \_\_\_\_\_ REACTION \_\_\_\_\_
- IODINE (topical) \_\_\_\_\_ REACTION \_\_\_\_\_
- IODINE (injectable) \_\_\_\_\_ REACTION \_\_\_\_\_
- LATEX \_\_\_\_\_ REACTION \_\_\_\_\_
- ADHESIVES \_\_\_\_\_ REACTION \_\_\_\_\_
- OTHER \_\_\_\_\_ REACTION \_\_\_\_\_
- NO KNOWN ALLERGIES

PAIN HISTORY FORM

PATIENT'S NAME \_\_\_\_\_

ACCOUNT NUMBER \_\_\_\_\_

**MEDICATIONS** I take the following medications:

(All prescriptions and over-the-counter, including aspirin and birth control pills):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**HERBAL SUPPLEMENTS** \_\_\_\_\_

**OPERATIONS, TREATMENTS, HOSPITALIZATIONS**

I have had the following Operations, Treatments and/or Hospitalizations:

\_\_\_\_\_  
DATE \_\_\_\_\_  
\_\_\_\_\_  
DATE \_\_\_\_\_  
\_\_\_\_\_  
DATE \_\_\_\_\_

**SOCIAL HISTORY**

Do you use any of the following assistive devices?     GLASSES     CONTACTS     HEARING AIDES  
 PROSTHETIC LIMBS     CANE     WALKER

**Smoking** (Complete if age 13 and greater)

CURRENT SMOKER     FORMER SMOKER     NEVER SMOKED

**Current Smoker**

How many cigarettes do you smoke per day?

5 or less     6-10     11-20     21-30     31 or more

How soon after you wake up do you smoke your first cigarette?

Within 5 minutes     6-30 min     31-60 min     after 60 min

Are you interested in quitting?

Ready to quit     Thinking about quitting     Not ready to quit

**Former smoker**

How long has it been since you last smoked?

1-3 months     < 1 month     3-6 months     6-12 months     1-5 years     5-10 years     > 10 years

Do you use smokeless tobacco? (Complete if age 13 and greater)

NO    If you quit smokeless tobacco, when did you quit? \_\_\_\_\_

YES    What do you use? \_\_\_\_\_    Number of years using smokeless tobacco? \_\_\_\_\_

Do you drink alcoholic beverages?     NO     YES—HOW OFTEN

1 DRINK PER MONTH     1-2 DRINKS PER WEEK     2-6 DRINKS PER WEEK     6 DRINKS OR MORE PER WEEK

Do you use recreational drugs?     NO     YES (Please list) \_\_\_\_\_

**Evaluation for Falls.** (Complete if age 50 and greater)

No falls, no injury?

Fall in past year or fall with injury?    How many? \_\_\_\_\_

Screened for Osteoporosis (Bone Mineral Density Test, DEXA Scan)?    When? \_\_\_\_\_

PAIN HISTORY FORM

PATIENT'S NAME \_\_\_\_\_

ACCOUNT NUMBER \_\_\_\_\_

Are you currently pregnant?    NO    YES (Please list) \_\_\_\_\_

Are you planning a pregnancy?    NO    YES (Please list) \_\_\_\_\_

Have you experienced difficulty in sleeping due to your pain?    YES    NO

What type of mattress do you sleep on?    SOFT    MEDIUM    HARD    WATERBED

How many pillows do you use? \_\_\_\_\_

Have you lost weight because of your neck/back problems?    YES    NO

Have you suffered headaches in conjunction with your neck pains?    YES    NO

If yes, how often? \_\_\_\_\_

Do you have bowel or bladder problems?    YES    NO

If yes, what type? \_\_\_\_\_

Do you have any **UNUSUAL** visual problems?    YES    NO

If yes, what type? \_\_\_\_\_

Have you experienced any hearing loss?    RIGHT    LEFT    BOTH    NONE

Do you notice a buzzing/ringing in your ears?    RIGHT    LEFT    BOTH    NONE

Have you noticed any decrease in **TASTE** or **SMELL**?    YES    NO

What type of work do you do? \_\_\_\_\_

How long have you worked at your present job, or the job you last had? \_\_\_\_\_

If you have **NOT** been able to work because of your neck/back problem when was the **FIRST DAY** of your disability? \_\_\_\_\_

What is the **MAIN** reason you are off work? \_\_\_\_\_

On a scale of 1-10 (1 being slight pain, 10 being severe pain) what number would you consider yourself?

1    2    3    4    5    6    7    8    9    10

Do you have any other problems or comments? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

PAIN HISTORY FORM

PATIENT'S NAME \_\_\_\_\_

ACCOUNT NUMBER \_\_\_\_\_

PLEASE PROVIDE:

Pharmacy Name: \_\_\_\_\_

Pharmacy Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Mail Order Pharmacy Name: \_\_\_\_\_

Mail Order Pharmacy Address: \_\_\_\_\_

Phone \_\_\_\_\_ Fax: \_\_\_\_\_

THE ABOVE LISTED INFORMATION IS CORRECT TO THE BEST OF MY ABILITY:

PATIENT SIGNATURE \_\_\_\_\_ DATE: \_\_\_\_\_

PHYSICIAN CO-SIGNATURE \_\_\_\_\_ DATE: \_\_\_\_\_



**Action Sports Medicine & Pain Management**

1010 Sunrise Highway  
Rockville Centre, NY 11570  
(516) 678-0500

184 Old Country Road  
Mineola, NY 11501  
(516) 747-5042

131-04 Liberty Avenue  
Richmond Hill, NY 11419  
(718) 322-4145

**INSURANCE IS ACCEPTED UNDER THE FOLLOWING CONDITIONS**

All co-payments are due to Action Sports Medicine & Pain Management at the time of service. Patient agrees to pay all deductibles, coinsurance, and services deemed patient responsibility as identified by the insurance carrier. Deductibles, coinsurance, and patient portions are billed monthly on receipt of the patients' insurance statement from the insurance carrier regarding your patient claim. **YOU**, the patient, are responsible to render payment once billed for the remainder. Patients are fully responsible for obtaining any necessary referral from another physician before the appointment time. Claim payments denied to lack of referral become the patient's responsibility. Although we make every effort to obtain accurate information from the insurance carrier, verification of benefits is not a guarantee that an insurance carrier will pay a claim. The insurance carrier makes final determination, based upon the plans level of coverage and associated policies, upon receiving the claim. Denied claims become the responsibility of the patient.

**I have read the above information and agree to the terms contained therein \_\_\_\_ Initial**

Patient's Signature \_\_\_\_\_

Patient's PRINTED Name \_\_\_\_\_

Social Security # \_\_\_\_\_

Date: \_\_\_\_\_

**SELF PAY PATIENT FINANCIAL LIABILITY FORM**

Please understand that full payment of your account/bill is paid directly to Action Sports Medicine & Pain Management and considered part of your treatment and is required for all services rendered. Also, understand that payment of past services rendered and treatment given is required before all future services and treatment may be made. We expect full payments at the time services are rendered. This office accepts Visa, Mastercard, or cash with a valid photo ID. Extended payment plans may be offered with PRIOR credit approval and PRIOR patient request. All unpaid accounts are sent to collection after payment is not made in a reasonable time period and may adversely affect your credit. Non-emergent medical services can be denied for unpaid accounts.

**I have read the above information and agree to the terms contained therein \_\_\_\_ Initial**

Patient's Signature \_\_\_\_\_

Patient's PRINTED Name \_\_\_\_\_

Social Security # \_\_\_\_\_

Date: \_\_\_\_\_

**Action Sports Medicine & Pain Management**

1010 Sunrise Highway  
Rockville Centre, NY 11570  
(516) 678-0500

184 Old Country Road  
Mineola, NY 11501  
(516) 747-5042

131-04 Liberty Avenue  
Richmond Hill, NY 11419  
(718) 322-4145

**INSURANCE AUTHORIZATION AND ASSIGNMENT**

I hereby authorize Action Sports Medicine & Pain Management to furnish any and all records pertaining to medical history, services rendered or treatment given to me or my dependents to my insurance carriers when necessary for the processing of insurance claims.

I hereby assign to Action Sports Medicine & Pain Management all payments for medical services rendered to myself or my dependents. I understand that I am responsible for securing referrals from primary care physician and authorization from my insurance carriers when required for treatment. I further understand that payment due is not contingent on any settlement, judgment on any settlement or verdict by which I may eventually recover said fees.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Name of Patient

If signed by other than patient, print below:

Name and Address: \_\_\_\_\_

Relationship to the Patient: \_\_\_\_\_

## **Action Sports Medicine & Pain Management**

1010 Sunrise Highway  
Rockville Centre, NY 11570  
(516) 678-0500

184 Old Country Road  
Mineola, NY 11501  
(516) 747-5042

131-04 Liberty Avenue  
Richmond Hill, NY 11419  
(718) 322-4145

### **HIPAA NOTICE OF PRIVACY PRACTICES**

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

This notice of Privacy Practices describes how we may use and disclose your protected health information (PHI) to carry out treatment, payment or health care operations (TPO) and for other purposes that are permitted or required by law. It also describes your rights to access and control your protected health information. "Protected health information" is information about you, including demographic information, that may identify you and that relates to your past, present or future physical or mental health or condition and related health care services.

#### **Uses and Disclosures of Protected Health Information**

Your protected health information may be used and disclosed by your physician, our office staff and others outside of our office that are involved in your care and treatment for the purpose of providing health care services to you, to pay your health care bills, to support the operation of the physician's practice, and any other use required by law.

**Treatment:** We will use and disclose your protected health information to provide, coordinate, or manage your health care and any related services. This includes the coordination or management of your health care with a third party. For example, we would disclose your protected health information, as necessary, to a home health agency that provides care to you. For example, your protected health information may be provided to a physician to whom you have been referred to ensure that the physician has the necessary information to diagnose or treat you.

**Payment:** Your protected health information will be used, as needed, to obtain payment for your health care services. For example, obtaining approval for a hospital stay may require that your relevant protected health information be disclosed to the health plan to obtain approval for the hospital admission.

**Healthcare Operations:** We may use or disclose, as-needed, your protected health information in order to support the business activities of your physician's practice. These activities include, but are not limited to, quality assessment activities, employee review activities, training of medical students, licensing, and conducting or arranging for other business activities. For example, we may disclose your protected health information to medical school students that see patients at our office. In addition, we may use a sign-in sheet at the registration desk where you will be asked to sign your name and indicate your physician. We may also call you by name in the waiting room when your physician is ready to see you. We may use or disclose your protected health information, as necessary, to contact you to remind you of your appointment.

We may use or disclose your protected health information in the following situations without your authorization. These situations include: as Required By Law, Public Health issues as required by law, Communicable Diseases: Health Oversight: Abuse or Neglect: Food and Drug Administration requirements: Legal Proceedings: Law Enforcement: Coroners, Funeral Directors, and Organ Donation: Research: Criminal Activity: Military and National Security: Workers' Compensation: Inmates: Required Uses and Disclosures: Under the law, we must make disclosures to you and when required by the Secretary of the Department of Health and Human Services to investigate or determine our compliance with the requirements of Section 164.500.

Other Permitted and Required Uses and Disclosures: Will be made only with your consent, authorization or opportunity to Object unless required by law.

You may revoke this authorization, at any time, except to the extent that your physician or the physician's practice has taken an action in reliance on the use or disclosure indicated in the authorization.

**Your Rights:** Following is a statement of your rights with respect to your protected health information.

**You have the right to inspect and copy your protected health information:** Under federal law, however, you may not inspect or copy the following records; psychotherapy notes; information compiled in reasonable anticipation of, or use in, a civil, criminal, or administrative action or proceeding, and protected health information that is subject to law that prohibits access to protected health information.

**You have the right to request a restriction of your protected health information:** This means you may ask us not to use or disclose any part of your protected health information for the purposes of treatment, payment or healthcare operations. You may also request that any part of your protected health information not be disclosed to family members or friends who may be involved in your care or for notification purposes as described in this Notice of Privacy Practices. Your request must state the specific restriction requested and to whom you want the restriction to apply.

Your physician is not required to agree to a restriction that you may request. If the physician believes that it is in your best interest to permit use and disclosure of your protected health information, your protected health information will not be restricted. You then have the right to use another Healthcare Professional.

You have the right to request to receive confidential communications from us by alternative means or at an alternative location. You have the right to obtain a paper copy of this notice from us, upon request, even if you have agreed to accept this notice alternatively i.e. electronically.

You may have the right to have your physician amend your protected health information. If we deny your request for amendment, you have the right to file a statement of disagreement with us and we may prepare a rebuttal to your statement and will provide you with a copy of any such rebuttal.

You have the right to receive an accounting of certain disclosures we have made, if any, of your protected health information.

We reserve the right to change the terms of this notice and will inform you by mail of any changes. You then have the right to object or withdraw as provided in this notice.

Complaints: You may complain to us or to the Secretary of Health and Human Services if you believe your privacy rights have been violated by us. You may file a complaint with us by notifying our privacy contract of your complaint. We will not retaliate against you for filing a complaint.

This notice was published and becomes effective on/or before April 14, 2003.

We are required by law to maintain the privacy of, and provide individuals with, this notice of our legal duties and privacy practices with respect to protected health information. If you have any objection to this form, please as to speak with our HIPAA Compliance Officer in person or by phone at our main phone number.

Signature below is only acknowledgement that you have received this Notice of our Privacy Practices:

Print Patient Name: \_\_\_\_\_ Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

I authorize the doctor and staff members to leave messages on my home/cell/work answering machine for such purposes as: appointments and billing questions.

I prefer to be reached at the following phone number \_\_\_\_\_, instead of my home phone number.

I authorize the doctor and staff members to discuss my protected health information with the following people:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_